

Lesson 3: 3-Way Prayer

LEARNING OBJECTIVES: (Help people discover these points – if the principles are not emerging in group discussion, ask questions to bring these out – do not “lecture” to them.)

- **3-way prayer** – The facilitator does most of the verbal prayer. The person being prayed for focuses on listening to God and responding. Others intercede quietly.

1) **Pray.** Open with prayer. Spend time in small group prayer as appropriate during the session.

2) **Review** the Basic Principles and accompanying gestures covered so far and **discuss** how understanding and applying these is going.

Basic Principles

- **Live in your heritage** – Reclaim it if you’ve been robbed. 1 Peter 1:3-9
- **Come to Jesus** – Bring Him your stuck places. Ps 62:5-8

3) **Review** the previous lesson.

➤ Individually

- Write down or otherwise note your **top 3 principles** from the previous lesson.

➤ **Small Groups:** If your large group is more than 7 people you may want to split into small groups.

- Review the previous lesson’s **memory verse(s)**.
- Share with one another your **top 3 principles** from the previous lesson, then discuss and **agree on** your group’s top 3 principles.
- **Pray** together. Ask that each person learn and apply Wholeness Prayer principles.

➤ Large group

- Share your group’s **top 3 principles** from the previous lesson.
- Write responses (in words or pictures) on a whiteboard or flipchart, combining similar responses.

4) **Discovery Bible Study (DBS): Matthew 18:18-20 (Ask and receive, two or more, 3-way prayer)**

Ask 2-3 people to read the verses out loud, from varying translations when possible.

Alternatively, listen to the verses being read aloud on an audio device 2-3 times. Then ask someone to retell the passage, as completely as possible, in their own words. Ask the group to contribute anything missed. Fill in gaps as needed.

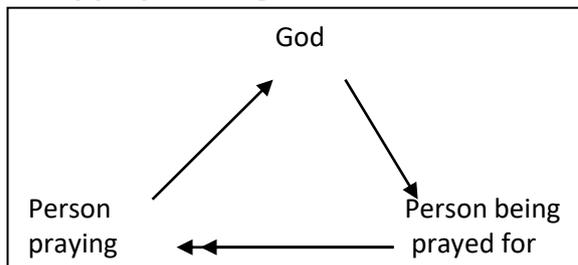
Pray as a group and ask God to speak through His word. Spend time listening silently. Then discuss the following questions. Help everyone participate. If you have more than 6-7 people, first split into small groups.

- What does this passage teach us about God?
- What does this passage teach us about people who follow Jesus?
- What does this passage teach us about prayer?
- How might it help to have a follower of Jesus pray for you and ask God to speak to you? (power of two or more, free to listen and focus on feelings and beliefs, not needing to decide what to pray, bind evil)
- What things might it be important for you to pray aloud yourself? (choosing to forgive, asking God to bless, making a commitment)

- How are you already applying the principles in this passage? How would you like to grow in applying these principles? (Encourage people to consider possible applications, then choose one or two clear, specific and realistic personal applications.)
- What does God want you to do to apply this?
- Who will you tell?
- Who will you share this lesson with?
- What key principles will your group share with the large group?

5) Follow-up Activities.

- **Share** key principles, drawings and motions with the large group. Ask each small group to share one key principle. Write these (in words or pictures) on a large paper or whiteboard. Continue until you have all the main points in the lesson.
- **3-way prayer** – Diagram for further discussion.



Notes for reference:

↑ The person praying for someone prays aloud to ask God to speak directly to the person to (1) reveal, (2) remind, (3) give His perspective, (4) break or replace something, etc.

← The person being prayed for tells the person praying for them (1) what God is doing (reminding them of something, revealing His perspective, etc.), (2) what emotions they are feeling in a memory, (3) as much as they desire of what happened in the memory. (So that the person praying for them knows what to take captive.)

↑ There are times that it's appropriate for the person being prayed for to pray aloud to God. These include: (1) Decisions (such as forgiving someone), (2) Requests for God to do something (such as bless someone you've forgiven, nullify a negative vow or break an unholy one flesh bond), (3) Pouring out one's heart to God regarding emotions in a memory, (4) Inviting God into a traumatic memory.

- **Gesture:** Decide together on a gesture or hand motion for this lesson. Then ask all participants to stand up and do the gesture together. Then practice together all the gestures in order for the basic principles covered so far in this module.
- **Share with one another** places where you feel stuck spiritually or emotionally. Pray for one another. Include times of silence and ask God to speak directly to the person being prayed for.
- **Clarify** the next meeting time and any pre-work to be completed beforehand.
- **Pre-work** for next lesson:
 - **Memorize:** Matthew 18:18-20 (And review previous verses.)
 - **Pray:** Read and meditate on John 10:27-30.
 - **Share:** Share with others what you are learning.
 - **Practice:** As opportunities emerge, pray for those who are hurting. Ask God to speak to them. Give time for them to listen.

6) Pray a closing prayer. Commit to pray for one another between training times.

Note: You may also want to incorporate a time of sharing and prayer – for blessings and challenges.