

Keys (K) involved in Wholeness Prayer

©2014, 2007 Freedom for the Captive Ministries
Permission is granted to copy this material for non-commercial use.

K – 5 Basic Steps:

- *Recognize*
- *Recent*
- *Root*
- *Receive*
- *Renew*

K – Replacing Family Curses with God’s Blessings

- *Receive blessings*
- *Curses replaced with blessings*

K – Emotional Wounds

- *Recognize*
- *Recent (Emotion, Memory, False belief)*
- *Root (Emotion, Memory, False belief)*
- *Receive*
- *Renew*

K – Unpleasant Emotions Based on Truth

- *Ask God to carry the burden*
- *Give Him the burden*

K – Anger

- *Anger isn’t a root emotion.*
- *Pray through the root emotion – usually*
 - *frustration*
 - *fear*
 - *shame and/or*
 - *hurt*

K – Trauma

- *Pray through each event in the trauma*
- *God carry the burden(s)*
- *Bind and cast out all evil spirits connected with the trauma*

K – Grief

- *Working through grief is a process*
- *Pray through stuck places*
- *God wants to walk alongside the person and carry their burden*
- *A good listener can be of great help to the process*

K – Forgiving Others

- *Bind and cast out (evil spirits)*
- *Forgive (pray through any ”rubber bands” – connected to things hard to release)*
- *Receive (the person)*
- *Bless*

K – Forgiving Your Parents

- *Differentiate between the person God created your parent to be (**receive**) and their sin (**forgive**)*
- *Pray through any negative vows*
- *Take responsibility for your reactions*
- ***Bless***

K – Negative Vows

- *Pray through **why** chosen (root)*
- *Ask God to **nullify***

K – Feeling Cursed

- ***Pray** through root and related issues*
- *God **break** and **replace** with a blessing*
- *God **protect***

K – Sin Issues

- ***Pray through** anything that contributed to the decision to sin in this way (**why** chosen)*

K – Sexual Sin

- ***Pray through** anything that contributed to the decision to sin in this way (**why** chosen)*
- ***Break, restore, cleanse***
- ***Develop** healthy boundaries*

K – Healthy Boundaries

- ***Find***
- ***Apply***