# Living in the Path of Peace Training Course

**Overview.** While we're in this world that's touched by sin, we will have relational conflicts. How can we make the most of these? What does God have to say about how we navigate conflict?

This course teaches conflict resolution skills that will help you navigate conflict in biblical ways.

#### Course Details.

 Download Living in the Path of Peace in either A4 (for laptop computers) or A6 (for mobile devices) format. This material will be used throughout this course.

# Lesson 1. Dangers and Opportunities

- Read Part 1 of Living in the Path of Peace.
- Answer the reflection questions at the end of Part
  1.
- Together with at least one other person:
  - Name at least five opportunities conflict can bring.
  - Discuss at least five dangers of not addressing conflict well.
  - Discuss the two ways of handing conflict.
  - Practice the pattern in Philippians 4.
  - Share your responses to the reflection questions.

- Pray for one another.
- Lesson 2. Four Causes and a Roadmap
  - o Read Part 2.
  - Answer the reflection questions at the end of Part 2.
  - Together with at least one other person:
    - Discuss the differences in adressing the four most common types of conflict.
    - Keeping appropriate confidentiality, share your answers to the reflection questions at the end of Part 2.
    - Pray for one another.

#### Lesson 3. The Way Out of Conflict

- Read Part 3.
- Answer the reflection questions at the end.
- Together with at least one other person:
  - Share your answers to the reflection questions.
  - Pray for one another.

### Lesson 4. The Way Out of Conflict – continued

- Read Part 4.
- Answer the reflection questions at the end of Part 4.
- Together with at least one other person:
  - Share your answers to the reflection questions.

- Pray for one another.
- Ask them (someone else) to hold you accountable to the commitments you've made.

# Closing

- Questions for Reflection
  - What are your goals for using these conflict resolution materials?
  - What will help you reach those goals?
  - What concrete action steps do you choose to pursue? When do you plan to do them?
  - Is it worth the effort it will take? Can you do it, with God helping you?

- Who will you ask to help you reach these goals? When do you plan to ask them?
- o A Blessing
  - May God richly bless you as you pursue His path of peace!