

Wholeness Prayer Small Group Guide

(Suggestions for a Weekly, Bi-Weekly, or Monthly Gathering)

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1. Welcome everyone and ask someone to *open in prayer*. (Seek to ask different people to open in prayer each time, to facilitate everyone being involved.)
2. Together review the *5 basic steps* (page 7), *process diagram* (page 8) and *sample prayers* (page 9-10).
3. Together review the *basic principles* (page 6-7), including:
 - Keep confidentiality.
 - Ask God to speak directly to us at our point of need. John 10:4,5
 - Test what you hear to make sure it's consistent with Scripture. John 10:10
 - Be a good listener.
4. Together briefly review the *Keys* (page 44-49).
5. Give an opportunity for whoever desires to briefly *share their wholeness prayer experiences* since the last meeting, and discuss any *questions* that people have about the wholeness prayer process. Ask your group's mentor any unanswered questions (or write your questions down to ask at a later time).
6. Pray an *opening wholeness prayer*, referring to the Keys as desired (page 44). Ask God to reveal who would like to pray for someone else in the group today, and who desires prayer today. (Over time, also seek to give a chance for each person in the group to have a chance to be prayed for, and to pray for someone else, if they'd like to do this.) (There may or may not be time to pray for multiple people during a meeting.)
7. *Follow God's leading* as you use the wholeness prayer principles and keys. Seek to pray through an issue until the person being prayed for feels peaceful (related to this issue) or until they feel it's time to stop for now. (If time runs out before you're working through an issue, ask God to protect the person being prayed for, especially in this area. If you get stuck during the prayer process, also suggest that the person being prayed for talk with the group mentor.)
8. Pray a *closing wholeness prayer*, referring to the Keys as desired (page 49).
9. Give the person who was prayed for an *opportunity to share* with the group as much (or as little) as he/she desires related to God's work in them during the prayer time, including any follow-up ideas. *Rejoice together* with the person being prayed for and continue to *pray* for them as God leads. (Remind everyone about confidentiality.)
10. *Report to the group mentor* any questions, progress, and challenges. As you share remember to not break confidentiality. If you have concerns about someone in the group, suggest to them that they speak to the group mentor directly. (If a person's struggle is more complicated or intense than the group feels they are equipped to help the person pray through, refer the person being prayed for to someone with more experience.)