

# Keys (K) involved in Wholeness Prayer – Session 1

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## K – Opening Prayer:

- *Invite God to lead and to accomplish all He desires through this time*
- *Ask for His protection*
- *Bind the evil one in Jesus name*

## K – 5 Basic Steps:

- *Recognize*
- *Recent*
- *Root*
- *Receive*
- *Renew*

## K – Emotional Wounds

- *Recognize*
- *Recent (Emotion, Memory, False belief)*
- *Root (Emotion, Memory, False belief)*
- *Receive*
- *Renew*

## K – Unpleasant Emotions Based on Truth

- *Ask God to carry the burden*
- *Give Him the burden*

## K – Anger (Module 6)

- *Anger isn't a root emotion.*
- *Pray through the root emotion – usually*
  - *frustration*
  - *fear*
  - *shame and/or*
  - *hurt*

## K – Closing Prayer:

- *Thank God for all He's done during the prayer time*
- *Ask Him to help the person apply His truth in their daily lives*
- *Ask Jesus to send any evil spirits connected with issues prayed through where ever He desires – never to return – and to protect all involved*

Ideas for small group time:

1. Start with an opening prayer. In addition to the ideas above, also ask God to reveal who He'd like to facilitate, and who has something they'd like prayer for.
2. Have a 3-way conversation with God (like the second skit). Use these Keys as God leads. Ask for help if you get stuck or have questions.
3. End with closing prayer.

# Keys (K) involved in Wholeness Prayer – Session 2

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## K – Replacing Curses with God’s Blessings:

- *Receive blessings*
- *Curses replaced with blessings*

## K – Forgiving Others:

- *Bind and cast out (evil spirits)*
- *Forgive (pray through any "rubber bands" – connected to things hard to release)*
- *Receive (the person)*
- *Bless.*

## K – Forgiving Your Parents:

- *Differentiate between the person God created your parent to be (**receive**) and their sin (**forgive**)*
- *Pray through any negative vows*
- *Take responsibility for your reactions*
- *Bless.*

## K – Working through negative vows:

- *Pray through **why** chosen (root)*
- *Ask God to **nullify**.*

## K – Feeling Cursed:

- *Pray through root and related issues*
- *God **break** and **replace** with a blessing*
- *God **protect**.*

## K – Regarding Sin Issues:

- *Pray through anything that contributed to the decision to sin in this way (**why chosen**)*

## K – Regarding Sexual Sin:

- *Pray through anything that contributed to the decision to sin in this way (**why chosen**)*
- *Break, restore, cleanse*
- *Develop healthy boundaries.*

## K – Developing Healthy Boundaries:

- *Find*
- *Apply*

Additional keys can be found at <http://ent.freemin.org/keys> .